



Youth Hockey Criteria for Ages U14/U15 to Senior Hockey

Riverside Hockey Club's philosophy is to provide a life time plan for both elite and social hockey players, encouraging an approach that is adopted in Europe to develop sustainable clubs and players within these clubs. With this in mind, Riverside Hockey Club has set a high level of standards and continuity within our programmes, filtering from Mini, Youth and Senior sections, including criteria to cater for the step from junior to senior hockey for players in the U14 & U15 girls and boys age groups. Our challenge and focus is to ensure that the player is ready for the step up to the more physically and mentally demanding level of senior hockey.

With a few points we have taken into account, the Riverside Hockey Youth section will look to test this age group during February and March, to see who is capable of making the step up from Youth to Senior. If it is felt that a player should remain within the youth structures for another year, this player will then participate as a senior player in one of the teams for the Riverside Reach (sponsored by Varsity College).

Below are the criteria that will guide our decision on assessing whether a player is ready to step up to the senior level:

Criteria for Youth players moving into senior section:

1. Attendance & commitment in youth and senior section
2. Physicality on the field
3. Basics and technical skills for the step up
4. Ability to make tackles at higher level (jab, block & reverse tackle)
5. Good game sense, ie they are able understand how a game flows and they know the rules; can analyse the game
6. Previous involvement in senior hockey (please note that previously having played in senior hockey is not a guarantee of senior hockey qualification at Riverside)

1 being Poor – 5 being Excellent

	1	2	3	4	5
Attendance					
Physicality					
Basics					
Tackling					
Analysing					